



PLANTS DON'T NEED PERMISSION!



NEITHER DO YOU!







### Black Beauty Eggplant

Magnesium, folate, potassium, vit k, vit c, antioxidants, fiber



Anti-inflammatory, anti-oxidant, prevents cancer and heart disease, controls blood sugar, lowers blood pressure, improves memory and skin and eye health, boosts hair and bone growth, aids weight loss

















# When Life Gives You Tomatoes Make Salsa



and soup, and curry, and chili...











**“Gardening is the most therapeutic and defiant act you can do.”**  
(Plus you get strawberries) - Ron Finley/ Gangsta Gardener



**Guerilla Gardening** - Planting flowers or edible plants in neglected public spaces. An act of civil disobedience that also enhances the community and provides free access to healthy food and medicine.

**New York City, 1973** - Liz Christy and her band of Green Guerillas threw “seed green-aids” over vacant lot fences and put flower boxes on the windows. They planted sunflower seeds in street meridians. They’re famous for transforming an abandoned lot on Bowery & Houston St.

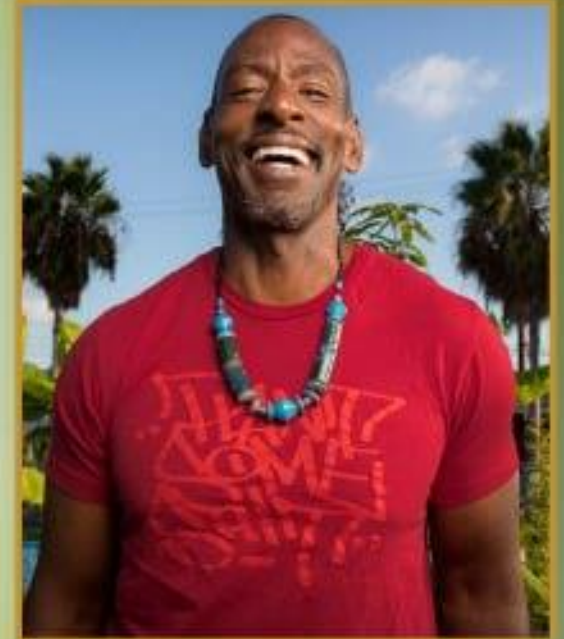
**“Growing your own food is like printing your own money.”**

**The Ron Finley Project** is teaching communities how to transform food deserts into food sanctuaries, and teaching individuals how to regenerate their lands into creative business models.

They envision and want to facilitate a world where gardening is gangsta!



**Ron Finley** inspired a growing revolution after being cited for planting food along LA streets.



**Gangsta** : Projecting strength on one’s own terms, hip, cool, innovative, revolutionary, resolute, vital, the cutting edge





# THE Vigilantes

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Vigilantes believe healthy produce should be freely available and combine the healing power of food and humor.



Try to spot us planting tomatoes behind fast food restaurants, rescuing seedlings from greenhouse composts or transforming abandoned lots.



We use guerilla gardening as a lighthearted way to demonstrate how simple it can be to create change.





# THE VEGLANTES CODE

P  
L  
A  
N  
T  
S

Publicly share the wealth nature provides.  
Leave every space better than when you arrived.  
Activate others to take creative action.  
Never disrupt a pre-existing garden.  
Take seeds along everywhere you go.  
Spread a handful of joy with every seed sown.

