



THE SURVIVAL PODCAST
WITH JACK SPIRKO

"Helping you live a better life, if times get tough or even if they don't."



12 Tenets of a Modern Survival Lifestyle?

Presented by Jack Spirko

All Resources will be at
thesurvivalpodcast.com/woods



What it Most Likely To Happen To You – Honestly!

- A total collapse of the economy leading to a Road Warrior society
- A global pandemic leading to the death of 50% of the population
- One some date the world will end because some person said so
- We will use up all the oil and that will cause a total collapse
- A giant comet will hit the planet ending all life as we know it
- And anything else Hollywood has made a movie about



Big Disasters We Have Seen Happen Recently

If you have seen it once you will probably see it again.

- Forest Fires
- Earthquakes
- Hurricanes
- Riots
- Terrorist Attacks
- Ice Storms
- “Moderate” Pandemics
- Black Outs
- Fuel Shortages
- Tsunamis
- Nuclear power accidents
- Flooding
- Economic Recessions
- Coordinated Attacks
- Hazardous Material Release
- Droughts
- Rapid Inflation
- Volcanic Activity
- Warfare
- Genocide/Ethnic Cleansing
- The Lone Gunman
- Landslides



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Modern Survivalism Tenet One

Everything You Do Should Improve Your Position in Life Even If Nothing Ever Goes Wrong

- ❖ Consider these common preps
 - ❖ Storing food
 - ❖ Paying off debt
 - ❖ Installing alternative energy
 - ❖ Owning gold and silver
 - ❖ Growing a garden





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Modern Survivalism Tenet Two

Debt is financial cancer! Minimize it, pay it off early and stay away from consumer debt.

- ❖ The similarities of cancer & debt
- ❖ How personal debt enslaves people
- ❖ The real cost of debt is time (dash)
- ❖ How to get out while ignoring BS
- ❖ No one ever resents debt freedom!





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Modern Survivalism Tenet Three

**Become a Producer of Food – Growing Your Own
Food is for Everyone, Not Just Eco Hippies.**

- ❖ You need food more than money, gold, guns or electricity
- ❖ Getting more food is easy, as long as you still have some
- ❖ Storing any commodity is a finite endeavor
- ❖ "I have to put food on the table"
- ❖ Producing includes the production of storable items





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Modern Survivalism Tenet Four

Tax is theft; the best way to combat it is to understand every legal deduction you can take or create.

❖ Solutions

- ❖ Good accounting practices
 - ❖ Focus on the 95%
- ❖ Used items & Barter and Trade
- ❖ Grey markets and agorism
- ❖ Avoid sin taxes
- ❖ Reduce income and give to charities

**Anyone does
literally anything.**





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Modern Survivalism Tenet Five

Food stored is an exceptional investment

- ❖ 2020 – 3.5% ROI
- ❖ 2021 - 11.8% ROI
- ❖ 2022 - 11.4% ROI

5 Rules of Food Storage

- ❖ Store what you eat
- ❖ Opportunity buy
- ❖ LTS as Adjuncts
- ❖ Become a producer
- ❖ Seek a holistic solution

PERCENT CHANGE IN PRICE SINCE 1992



SOURCE: Bureau of Labor Statistics

BUSINESS INSIDER



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Modern Survivalism Tenet Six

Prepare for disaster based on the most likely threats you face as an individual.

❖ **Probability and the number of people effected have an inverse relationship**

- ❖ One person loses a job vs. total economic collapse
- ❖ Localized riots vs. a global pandemic with a 10% death rate
- ❖ An Earthquake vs. global nuclear war
- ❖ Truckers strike vs. a new ice age

❖ **Order of Probability**

- ❖ Individual – Local – Sm Region – Lg Region – National - Global



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Modern Survivalism Tenet Seven

Alternative energy is for creating independence not for saving polar bears.

- ❖ Focus first on efficiency
- ❖ Build a simple back up power system
- ❖ Acquire a generator set
- ❖ Add small scale solar or wind to the back up system
- ❖ Build a passive solar heating system (such as solar hot water)
- ❖ Add a more powerful generator (2 is 1, 1 is none)
- ❖ Consider adding a large scale solar, wind or combination system



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Modern Survivalism Tenet Eight

Owning land is true wealth, owning productive land is the primary means of creating systemic independence.

- ❖ Changing a home into a homestead
 - ❖ Pay off the mortgage as fast as reasonably possible
 - ❖ Improve energy efficiency and independence
 - ❖ Move away from large urban areas (personal choice)
 - ❖ Incorporate permaculture techniques
 - ❖ Utilize small livestock, aquaponics, greenhouses, etc
 - ❖ An acre may be more than enough



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Modern Survivalism Tenet Nine

Don't ignore pragmatic preparations such as insurance, emergency cash funds and long term investing.

- ❖ Life, Property, etc. Insurance to meet your asset replacement value
- ❖ Include real commodities in your investments (silver/gold/tools/etc.)
- ❖ Bitcoin should be part of your investment portfolio
- ❖ Don't not put 100% of saving into "retirement accounts"
- ❖ Life establishment funds for children (not "college only" investments)
- ❖ Save cash in and out of the banking system
- ❖ Have a will and keep it updated



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Modern Survivalism Tenet Ten

Have a means of defense, acquire the knowledge and training to use it effectively.

- ❖ Rights you don't exercise are often lost
- ❖ Not everyone is your friend
- ❖ Develop protocols and procedures and know the damn difference
- ❖ My basic recommendations
 - ❖ Get professional training
 - ❖ A shotgun, 22 rifle, centerfire rifle & personal defense handgun
 - ❖ Carry non lethal self defense as well





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Modern Survivalism Tenet Eleven

Build a disaster documentation package and keep multiple identical copies for all family members to use.

- ❖ The evacuation rule of threes
 - ❖ 3 destinations
 - ❖ 3 routes per destination
 - ❖ 3 rally points per route (with method of communication)
- ❖ Everyone you could ever need to contact and all contact information
- ❖ All key account and personal ID numbers (simple encryption)
- ❖ Contact info for service providers, merchants & support organizations
- ❖ Minimum of 3 identical copies



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Modern Survivalism Tenet Twelve

Develop and implement your own personal plan

- ❖ Mindset is more important than what you possess
- ❖ People are motivated by personal benefit/loss
- ❖ My plan will not, can not and won't work for you
- ❖ The Golden Rule of Survivors – What you do matters!





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My Minimum Recommended Steps

- ❖ Build a B.O.B. (bug out bag aka 72-hour kit)
- ❖ Create a minimum of 30 days of self sufficiency in your home
- ❖ Develop your documentation/evacuation package
- ❖ Grow something even on an apartment deck
- ❖ DO NOT put 100% of your saving in "retirement accounts"!
- ❖ Pay attention (situational awareness)
- ❖ Develop and follow a debt elimination plan (destroy consumer debt)
- ❖ Learn what you can eat that grows wild in your area
- ❖ Have a means to purify water other than boiling
- ❖ Assemble a blackout kit (lighting, heating, cooling & your freezer)



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Learn More and Connect

Everything you need to connect with me and expand on this presentation including a recording of it, is at

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